

THROW YOURSELF INTO **JUDO**



PRINCE OF WALES **JUDO** CLUB

PRINCE OF WALES YOUTH CLUB, 23 MILITARY ROAD, CANTERBURY, CT1 1YX

EVERY WEDNESDAY

JUNIORS (5-16): 6.15pm – 7.15pm

SENIORS (16+): 7.30pm - 9:00pm

E: [JUDO.CANTERBURY@GMAIL.COM](mailto:judo.canterbury@gmail.com) **FB:** [@CANTERBURYJUDOKWAI](https://www.facebook.com/canterburyjudokwai) **W:** [CANTERBURYJUDO.COM](http://canterburyjudo.com)